



Josh Copeland

MOTIVATIONAL SPEAKER
& LIFE COACH

SPEAKER KIT

Joshcopelandspeaks.com

Why Josh

SPEAKER AND MENTAL HEALTH ADVOCATE

Josh is a highly influential motivational speaker who delivers messages that help individuals unlock their full potential in both their personal and professional lives. He is passionate about empowering people to become the best version of themselves while enabling them to be great partners, spouses, parents, and employees.

In addition to his motivational speeches and workshops, Josh also provides training and professional development services for businesses. By doing so, he helps bridge the gap between different generations and fosters stronger connections between employers and employees to make a healthy work environment for all.



OVER 50K PEOPLE IMPACTED LIVE &
OVER 8 MILLION VIDEO VIEWS ON SOCIAL MEDIA



KEYNOTES

SUCCESS LOOKS DIFFERENT ON EVERYONE

- The purpose of this session is to empower you by providing clarity on your identity and desires. It is essential to recognize that you hold the power to control your future and overcome any obstacle that may come your way. Your best life is waiting for you, and it's time to reach out and grab it.

PUTTING YOURSELF FIRST TO RECLAIM YOUR POWER

- Prioritizing yourself doesn't make you selfish. The aim of this session is to help you reassess your priorities and equip you with effective strategies to rebuild the best version of yourself. Just imagine how empowered you will feel when you regain control over your life and start showing up as your true self. It is essential

BECOMING THE LEADER YOUR TEAM DESERVES

- True and effective leaders don't boss their teams around, instead they inspire and empower them to work together towards a common goal. By investing in their teams, leaders can increase productivity and ultimately boost their bottom line. Josh will be sharing his own leadership experiences in this session, which aims to help leaders and corporate teams take their leadership skills to the next level.

WHO ARE YOU (FOR ATHLETES)

- Athletes are often admired for their physical ability rather than their personality and character. This can be problematic as many athletes struggle to develop an identity outside of their talent. In this session, Josh will discuss his own experience as an athlete and offer advice on discovering who you are beyond sports. The topics covered will include mental health, life after sports, and learning to forgive yourself for past mistakes.

PROFESSIONAL DEVELOPMENT WORKSHOPS

CULTIVATING CULTURAL COMPETENCE AND PREVENTING BURNOUT: STRATEGIES FOR TEACHERS

- This workshop aims to equip teachers with the necessary tools to navigate cultural diversity in the classroom effectively while simultaneously mitigating the risk of burnout. Participants will engage in discussions, activities, and reflections to deepen their understanding of cultural competence and develop personalized strategies for self-care and resilience.



PROMOTING MENTAL HEALTH AND EFFECTIVE LEADERSHIP IN THE WORKPLACE

- This workshop is tailored to help leaders gain the knowledge and skills needed to support mental health and encourage strong leadership within their organizations. Attendees will delve into the crucial connection between mental health and leadership, discovering how to cultivate a workplace culture that emphasizes well-being and resilience.

CULTURALLY RESPONSIVE LEADERSHIP: EMPOWERING EDUCATORS FOR INCLUSIVE EXCELLENCE

- In today's diverse educational landscape, it's essential for educators to cultivate culturally responsive leadership skills to foster inclusive learning environments. This workshop is designed to equip teachers with the knowledge, tools, and strategies necessary to embrace cultural diversity, promote equity, and lead effectively within their educational communities.

WHO I WORK WITH

Josh collaborates with schools, businesses, and athletic teams who are looking to gain a better understanding of how to become the best version of themselves. He emphasizes the importance of taking care of one's mental health and overcoming the internal self-doubt that may be hindering one from reaching their full potential as a person.

WHAT YOU CAN EXPECT

- Josh is an extremely professional individual who is dedicated to making your booking process as smooth as possible.
- He is responsive and timely in his communication via email and phone. On the day of the event, he will arrive early and be available after his speech to engage with attendees.
- His speeches are tailored to the theme of the event and focused on achieving the desired outcomes.
- Attendees will leave feeling empowered and motivated to reach their full potential in both their personal and professional lives.



TESTIMONIALS



“Josh is a gifted speaker and a wonderful human being to work with. From the planning and booking phase to the day of the speaking event; Josh was professional, timely, responsive, and charismatic. He has a natural ability to draw from some dark moments in his life to inspire his audience to both learn from his mistakes and take inventory of what's really important; our memories and our OWN TIME! We were very, very happy to have Josh speak to our group and would highly recommend him for any organization looking for an engaging motivational speaker.”

-Kim Schenck,
Miami Valley Human Resource Association

FEATURED ON AND TRUSTED BY:





SPEAKING FEE

SPEAKING FEE MAY VARY DEPENDING ON TRAVEL, LENGTH OF SPEECH, AND THE NUMBER OF SPEECHES/ PRESENTATIONS.

ACCOMMODATIONS

- AIRFARE OR GROUND TRANSPORTATION
- HOTEL
- RENTAL CAR

TO BOOK

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